

	Psychology	Scripture
View of Man	Sees man as good. Human potential.	Sees man as sinful (Rom. 3:23).
Responsibility	Blameshifting: Mom, Dad, Husband, Wife, Disease, and Circumstances.	Man is accountable (Rom. 14:12).
Assertiveness	Decries meekness. Teaches assertiveness. Insist upon on your rights.	Believers are to be meek; sacrificial (Gal. 6:2; 2 Tim. 2:24-25).
Self-esteem	Advocates that person deserves the best. Everyone needs to feel good about themselves.	Teaches us to esteem others better than ourselves (Phil. 2:3-4; Matt. 22:36-40).
Authority	Ignore authority when needed. Everyone is his own authority.	Focuses on obedience to authority and God (Eph. 5:21; 1 Pet. 2:13).
Expression of Anger	Immediate expressions of anger, ventilation, get it off of your chest.	We are to control our spirits (Pro. 14:29, 16:23, 19:11, 25:28).
Reason vs. Feeling	Focuses on feeling. How do you feel today? Goal=Feel Better.	Commands rational use of our mind; discerning, test, and try (1 Jn. 4:1).
Alienation & Isolation	Man is alienated from his “self”. Must get in touch with yourself.	Alienated from God (Rom. 6:23).
Ethics & Absolutes	Everything is relative. There are no absolutes.	Absolutes are right and wrong.
Goal of therapy	Adjustment, functioning well. Good feelings.	Conformed to the image of Christ (Col. 1:28).